

# How do you know if your loved one needs help in the home?



At St. Joseph Health Private Duty, we offer highly skilled and licensed professionals to provide compassionate care for your loved ones.

These questions will help determine the type of care services and care plans to help fit your needs.

Call us at **(714) 712-7100** or visit **[www.stjosephhomehealth.org](http://www.stjosephhomehealth.org)** to get started.

- Diagnosis of any chronic diseases such as diabetes, high blood pressure, arthritis, CHF, COPD or stroke.
- Inability to dress, bathe, get up from a chair, use the toilet, use the phone, climb stairs, get help in an emergency, do housework, prepare meals, or drive safely.
- Identified barriers to proper medicine use, such as forgetfulness, expense, poor understanding of purpose and results of use?
- Are you or any other family member available to assist in their care?
- Do they require 24-hour care and supervision?
- Do they require personal care in the morning to help them get their day started?
- Are they unsafe at night and need someone to stay with them in the evening hours?
- Do they just need some help with grocery shopping, errands and doctor appointments?

