

Bereavement Support Group References


Inclusion in this list does not constitute endorsement of an agency's program or the quality of its services.

The information presented herein was accurate at the time this was prepared.

Changes in services and phone numbers can occur at any time.

<u>Type</u>	<u>Specialty</u>	<u>Organization</u>	<u>Address</u>	<u>City, State, Zip</u>	<u>Phone</u>	<u>Information</u>
General	Grief Share	Community Baptist Church	9090 19th St.	Alta Loma 91701	909-945-5001	Call for dates and times.
General		Northkirk Presbyterian Church	9109 19th St.	Alta Loma 91701	909-399-3289 or 909-989-4919	Meetings every Monday at 7:00pm-8:30pm
General	Grief Share	Hillside Community Church	5354 Haven Ave.	Alta Loma 91737	909-980-2191	Meetings every Sunday at 8:30am
General		San Antonio Catholic Church	5800 E. Santa Ana Canyon Rd.	Anaheim Hills 92807	714-974-1416 or 714-779-2443	Meetings every 1st and 3rd Saturday at 9:00am. Visit: www.sanantoniochurch.org
General	Grief Share	Sa-Rang Community Church	1111 N. Brookhurst St.	Anaheim 92801	714-772-7777	Call for dates and times.
General		Ezra Center	1771 W. Cerritos Ave.	Anaheim 92804	714-776-1103	Meetings every Thursday at 10:00am. Registration required.
General	Grief Share	Knott Avenue Christian Church	315 S. Knott Ave.	Anaheim 92804	714-527-5195	Meetings every Monday at 7:00pm-8:30pm. Visit: www.kacc.com . Call for more details
General	Grief Share	Knott Avenue Christian Church	315 S. Knott Ave.	Anaheim 92804	714-527-5195	Meetings every Tuesday at 7:00pm-9:00pm. Call for more details.
General		St. Justin Martyr Church	2050 W. Ball Rd.	Anaheim 92804	714-774-2407	Meetings every Thursday at 7:00pm-9:00pm. 6-week program. Call for more details.
General	Grief Share	The Cornerstone Church	4905 E. La Palma Ave.	Anaheim 92807	714-701-1818	Meetings every Tuesday at 7:00pm-9:00pm. Call for more details.

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Parents	Loss of a Child	Kaiser Hospital	441 Lakeview	Anaheim 92807	714-993-6708	Bereavement Support Group for parents who have lost a child. Visit: www.compassionatefriends.org . Call for dates and times.
General		Methodist Hospital of Southern California	300 W. Huntington Dr.	Arcadia 91005	626-379-7766 or 626-932-1015	Meetings every Wednesday at 5:30pm-7:00pm. Call for more details.
Children & Teens		Valley Presbyterian Hospital	351 E. Foothill Blvd.	Arcadia 91006	626-397-3600	Meetings every Wednesday at 6:30pm-8:00pm and Thursday at 1:00pm-2:30pm
General		Kaiser Permanente	1011 Baldwin Park Blvd.	Baldwin Park 91706	562-622-4317	Meetings every 1st and 3rd Thursday at 10:00am-11:30am. Call for more details.
General	Grief Share	Fellowship in the Pass	650 Oak Valley Pkwy	Beaumont 92223	951-845-2693	Call for dates and times.
General		Maple Center	9107 Wilshire Blvd.	Beverly Hills 90210	310-271-9999	Meetings every Tuesday at 7:00pm-8:30pm. Call for more details.
Parents	Loss of a Child	Maple Counseling Center	9107 Wilshire Blvd.	Beverly Hills 90210	310-271-9999 ext. 254	Bereavement Support for the loss of a child; individual counseling. Fees based on sliding scale.
Parents		Temple Emanuel	8844 Burton Way	Beverly Hills 90210	310-474-3407	Meetings every 1st Thursday at 8:00pm. Spanish meetings & phone support available. Chapter name: TCF of Los Angeles, Chapter #2132. Visit: www.tcfla.org
General	Grief Share	Christian Faith Center	764 Pine Knot Ave.	Big Bear Lake 92315	909-866-1742	Meetings every Thursday at 2:20p-4:00pm. Call for more details.
General	Grief Share	Bonita Valley Community Church	4744 Bonita Rd.	Bonita 92902	619-475-8000	Meetings every Tuesday at 7:00pm. Call for more details.
Children	Loss of a Parent	Brea Community Center	695 Madison Ave.	Brea 92821	800-899-2866	Bereavement Support Group for children who have lost a parent due to a cancer diagnosis. Meetings every 4th Tuesday at 6:30pm-8:00pm. Visit: www.kidskonnected.org

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General		Brea Community Center	695 Madison Ave.	Brea 92821	714-557-9656 or 800-577-9679	Group sponsored by Hospice Care of California. Visit: www.hospicecareofca.com . Call for dates and times.
Parents	Loss of a Child	Brea Community Hospital	380 Central	Brea 92821	714-750-9237 or 714-962-2005	Bereavement Support Group for parents who have lost a child. Meetings every 1st Wednesday at 7:00pm-9:00pm. Visit: www.bereavedparents.com
General	Counseling	International Counseling Center	20001 S. Barrington Ave, #216	Brentwood 90025	310-289-2257	Counseling available in Farsi, Spanish, Hebrew, French, Arabic & Russian. Individual counseling is provided by a licensed psychologist & interns. Fees based on sliding scale. Call for more details.
General	Grief Share	First Presbyterian Church	521 E. Olive Ave.	Burbank 91501	818-842-5103	Call for dates and times.
Adults		Providence St. Joseph Medical Center	501 S. Buena Vista	Burbank 91505	818-847-4695	8-week adult bereavement group, 3 times a year. Call for dates and times.
Adults		H.O.P.E. Unit Foundation, Inc.	P.O. Box 8034	Calabasas 91372	818-788-4673	Adult support group offering education on different stages of grief. All groups led by licensed therapists. Small fee required for each session. Visit: www.hopeunit.org . Call for dates and times.
Widow / Widowers		H.O.P.E. Unit Foundation, Inc.	P.O. Box 8034	Calabasas 91372	818-788-4673	Widow/Widowers support group offering education on different stages of grief. All groups led by licensed therapists. Small fee required for each session. Visit: www.hopeunit.org . Call for dates and times.
General	Grief Share	Calimesa SDA Church	397 Myrtlewood Dr.	Calimesa 92320	909-795-9741	Call for dates and times.
General	Grief Share	Capo Beach Calvary	25975 Domingo	Capistrano Beach 92624	949-493-2006	Visit: calvarychapel.com . Call for dates and times.

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General		Faith Lutheran Church	34381 Calle Portola	Capistrano Beach 92624	949-425-0372	Meetings every 3rd Tuesday at 11:00am and another group at 7:00pm. Call for more details.
Adults			5441 Avenida Encinas, #A	Carlsbad 92008	760-431-4100	Meetings every Tuesday at 1:30pm-3:00pm. Call for more details.
Parents	Loss of a Child		5441 Avenida Encinas, #A	Carlsbad 92008	760-431-4100	Meetings every 1st and 3rd Tuesday at 7:00pm-9:00pm. On-going group for parents who have lost a child. Sponsored by Hospice of the North Coast.
General	Grief Share	Daybreak Community Church	6515 Ambrosia Ln.	Carlsbad 92009	760-931-7773	Call for dates and times.
General	Grief Share	North Coast Calvary Chapel	1330 Poinsettia Ln.	Carlsbad 92009	760-929-0029	Meetings every Monday at 7:00pm-8:30pm. Call for more details.
Adults	Grief Share	Cerritos Senior Center	12340 S. Street	Cerritos 90703	562-531-3031	Ongoing bereavement support group for adults to meet others and interact. Meetings every other Thursday at 1:00pm-2:30pm. Sponsored by Pathways Volunteer Hospice. Free of charge. Call for more details.
General	Grief Share	The Church at Rocky Peak	22601 Santa Susana Pass Rd.	Chatsworth 91311	818-709-0113	Call for dates and times.
General		Chino Senior Center	13170 Central Ave.	Chino 91710	909-591-9836 or 909-399-3289	Meetings every Thursday at 9:30am-10:30am. Sponsored by Inland Hospice. Call for more details.
General	Grief Share	Inland Hills Church	14670 Ramona Ave.	Chino 91710	909-393-1577	Call for dates and times.
Parents		Christ Lutheran Church	5500 Francis Ave.	Chino 91710	626-919-7206	Meetings every 1st Tuesday at 7:00pm-9:00pm. Chapter name: Pomona-San Gabriel Valley Chapter, Chapter #1303. Call for more details.
General	Grief Share	Calvary Chapel San Diego	1771 E. Palomar St.	Chula Vista 91913	619-421-1100	Meetings every Tuesday at 6:30pm-8:30pm. Call for more details.
General		Blaisdell Senior Center	440 S. College Ave.	Claremont 91711	909-399-5488	Meetings every Monday at 3:00pm. Free of charge. Call for more details.
General		Claremont United Methodist Church	211 W. Foothill Blvd.	Claremont 91711	909-624-9021	Meetings every Wednesday at 3:00pm. Free of charge. Call for more details.

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General	Grief Share	Crossroads Christian Church	2331 Kellogg Ave.	Corona 92881	951-737-4664	\$10.00 Fee for materials. Call for dates and times.
General		Corona Regional Medical Center	800 S. Main St.	Corona 92882	951-735-0274 or 800-232-5968	10-week program. \$15.00 Fee for materials. Call for dates and times.
Adults		St. Joachim	1964 Orange Ave.	Costa Mesa 92627	949-548-9669	Meetings every Wednesday at 7:30pm. Free of charge. Call for more details.
Widow / Widowers		Costa Mesa Senior Center	695 W. 19th St.	Costa Mesa 92627	949-645-2356 ext. 24	Bereavement Support Group for widows/widowers. Meetings every 2nd and 4th Tuesday at 1:00pm-3:00pm. Visit: www.cmseniorcenter.org
General	Suicide	Didi Hirsch Community Mental Health Center	4760 S. Sepulveda Blvd.	Culver City 90230	310-751-5382	8-week program designed for people who have lost a loved one to suicide. Telephone counseling offered. Visit: didihirsch.org . Call for dates and times.
General		Kaiser Permanente	12200 Bellflower Blvd.	Downey 90242	562-622-4064	Meetings every Wednesday at 5:30pm-7:00pm and 1st and 3rd Thursday at 11:00am-12:30pm. Call for more details.
Widow / Widowers		Downey Community Hospital	12130 Paramount Blvd.	Downey 90242	562-904-6016	Volunteer network of widowed men & women that provide individual & group support for newly widowed person. Free of charge. Call for dates and times.
Adults		City of Hope	1500 E. Duarte Rd.	Duarte 91010	626-256-8626	Open-ended bereavement support group for adults. Facilitated by hospital chaplains. Call for dates and times.
Parents	Loss of a Child	City of Hope	1500 E. Duarte Rd.	Duarte 91010	626-301-8426	For parents who have lost a child to cancer. Meetings every 1st Tuesday at 5:30pm-6:30pm.
General	Grief Share	Foothills Christian Church	350 Cypress Ln., #B	El Cajon 92020	619-442-7728	Call for dates and times.
Various Groups		California Family Counseling Center	5445 Balboa Blvd.	Encino 91436	818-386-5694	Counseling services to individuals, couples, families, children, teens & seniors. Call for more details.
Adults & Teens		The Bereavement Counseling Center	16255 Ventura Blvd., #308	Encino 91436	818-509-9701	Specializing in individual adult, teen, family & group counseling. Call for more details.

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Adults & Teens	Suicide	The Bereavement Counseling Center	16255 Ventura Blvd., #308	Encino 91436	818-509-9701	Specializing in individual adult, teen, family & group counseling. Call for more details.
Adults & Teens	Trauma - car accident, murder, heart attack, etc.	The Bereavement Counseling Center	16255 Ventura Blvd., #308	Encino 91436	818-509-9701	Specializing in individual adult, teen, family & group counseling. Call for more details.
Adults		Vitas Hospice	16830 Ventura Blvd., #315	Encino 91436	818-971-3435	6-week support group for adults who have lost a loved one. Call for dates and times.
General	Grief Share	Emmanuel Faith Community Church	639 W. Felicita Ave.	Escondido 92025	760-781-2108	Meetings every Sunday 1:00pm-3:00pm. Call for more details.
General		Fallbrook Hospice	420 Elbrook Dr.	Fallbrook 92028	760-728-1435	Meetings every Tuesday. Call for more details.
General	Grief Share	Christ the King Lutheran	1620 S. Stage Coach Ln.	Fallbrook 92028	760-728-3256	Call for dates and times.
General	Grief Share	Fallbrook Presbyterian Church	463 S. Stage Coach Ln.	Fallbrook 92028	760-728-5804	Meetings every Monday 10:30am-12:00pm. Call for more details.
General	Grief Share	Kaiser Permanente	9961 Sierra Ave., Bldg 3A	Fontana 92335	909-427-6956	Meetings every Thursday. Call for more details.
General	Grief Share	Water of Life Community Church	7623 East Ave.	Fontana 92335	909-463-0103	Call for dates and times.
General		Manor Care	11680 Warner Ave.	Fountain Valley 92708	714-558-2366	10-week bereavement program. Meetings every Tuesday at 3:00pm-4:30pm. Pre-registration required. Sponsored by Heartland Hospice. Call for more details.
Children		Fountain Valley Regional Medical Center	11250 Warner Ave.	Fountain Valley 92708	714-966-8055	Group for children between the ages of 6-13 who are experiencing a loved one diagnosed with cancer. Call for dates and times.
General		Fountain Valley Regional Medical Center	11250 Warner Ave.	Fountain Valley 92708	714-966-8055	Meetings every 1st and 3rd Wednesday at 6:30pm-8:00pm. Call for more details.

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General		Holy Spirit Catholic Church	17270 Ward St.	Fountain Valley 92708	714-963-1811 or 714-842-8486	10-week bereavement support group for anyone who has lost a loved one. Visit: www.hscfv.org . Call for dates and times.
General		Orange Coast Memorial Medical Center	9920 Talbert Ave.	Fountain Valley 92708	800-636-6742	Meetings every 1st and 3rd Thursday at 12:00pm-1:30pm. Call for more details.
General		Eastside Christian Church	2505 Yorba Linda Blvd.	Fullerton 92831	714-871-6844	Meetings every Thursday at 10:00am-11:30am. Call for more details.
General		Fullerton Senior Center	340 W. Commonwealth Ave.	Fullerton 92832	714-738-6305	Meetings every Tuesday 12:00pm-2:00pm and every Wednesday at 2:00pm-3:30pm. Call for more details.
Adults			1343 W. Valencia Dr.	Fullerton 92833	714-810-5302	Support group for adults. Meetings every Saturday at 10:00am. Call for more details.
Children			1343 W. Valencia Dr.	Fullerton 92833	714-810-5302	Support group for children ages 8-14. Meetings every Tuesday at 4:00pm-5:30pm. Call for more details.
General		St. Philip Benizi Church	205 S. Pine Dr.	Fullerton 92833	714-879-6180	Meetings every 1st and 3rd Monday at 7:00pm-9:00pm. No fee but donations accepted. 2 sessions annually. Call for more details.
Parents		Grace Bible Chapel	1119 S. Lambert Dr.	Fullerton 92833	714-993-6708	Meetings every 3rd Wednesday at 7:00pm. Orange County Chapter, Chapter #1415. Spanish support via phone & brochures. Call for more details.
General		First Evangelical Free Church	2801 N. Brea Blvd.	Fullerton 92835	714-529-5544	Ongoing bereavement support group. Meetings every Tuesday at 7:30pm-9:30pm. Call for more details.
General		St. Jude Medical Center	101 E. Valencia Mesa Dr.	Fullerton 92835	714-446-7111 or 800-870-7537	Meetings every Wednesday at 7:00pm. Fee of \$10.00. Call for more details.
Parents	Loss of a Child	Crystal Cathedral	12141 Lewis St.	Garden Grove 92840	714-971-4032	Ongoing bereavement support group for parents who have lost a child. Meetings every 3rd Monday at 7:00pm. Call for more details.
General	Suicide	Crystal Cathedral	12141 Lewis St.	Garden Grove 92840	714-971-4032	Meetings every 1st and 3rd Sunday at 1:30pm-3:30pm. Call for more details.

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Widow / Widowers		Crystal Cathedral	12141 Lewis St.	Garden Grove 92840	714-971-4032	Ongoing bereavement support group for widows/widowers. Meetings every Thursday at 7:00pm. Call for more details.
Widow / Widowers		St. Columban Catholic Church	12555 Westlake St.	Garden Grove 92840	714-534-1174 or 714-534-3161	Meetings every 2nd and 4th Friday at 11:30am. Call for more details.
General		Odyssey Hospice	7077 Orangewood St., #207	Garden Grove 92841	800-797-2686	Meetings every 2nd and 4th Tuesday at 11:00am-12:00pm & and every 2nd and 4th Wednesday at 6:00pm-7:30pm. Call for more details.
General	Grief Share	Gardena Valley Baptist Church	1630 W. 158th St.	Gardena 90247	310-323-5683	Call for dates and times.
Children & Teens		Center for Grief & Loss for Children	1010 N. Central	Glendale 91202	866-744-7433	English & Spanish groups. Spanish groups call 818-262-9101. Visit: www.griefcenterforchildren.org . Call for dates and times.
Parents		Center for Grief & Loss for Children	1010 N. Central	Glendale 91202	866-744-7433	English & Spanish groups. Spanish groups call 818-262-9101. Visit: www.griefcenterforchildren.org . Call for dates and times.
Adults		Glendale Adventist Medical Center	1509 Wilson Terrace	Glendale 91206	818-409-8008	Ongoing adult grief support group. Registration fee of \$25.00. Call for more details.
Adults	Loss of a Parent	Glendale Adventist Medical Center	1509 Wilson Terrace	Glendale 91206	818-409-8008	Ongoing adult grief support group. Registration fee of \$25.00. Call for more details.
General	Suicide	Glendale Adventist Medical Center	1509 Wilson Terrace	Glendale 91206	818-409-8008	Ongoing bereavement group for family members of suicide. Pre-registration required. Fee of \$25.00. Call for more details.
Widow / Widowers		Glendale Adventist Medical Center	1509 Wilson Terrace	Glendale 91206	818-409-8008	Ongoing adult grief support group. Meetings every Wednesday at 7:00pm-8:30pm. Registration fee of \$25.00. Call for more details.

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Parents	Loss of a Child	Verdugo Hills Hospital	1812 Verdugo Blvd.	Glendale 91208	818-236-3635	Meetings every 4th Thursday at 7:30pm. Separate meetings for miscarriages & stillbirths. For other locations call 877-969-0010. Call for more details.
Parents	Loss of a Child	Southern California Pregnancy & Infant Loss Center	22325 Barton Rd.	Grand Terrace	909-877-2777	Bereavement support group for parents who have lost a baby from SIDS. Meetings every 1st Monday at 7:00pm.
General		Kaiser Medical Center	25825 S. Vermont Ave.	Harbor City 90710	562-622-4370	Meetings every 2nd and 4th Thursday at 3:30pm-5:00pm. Call for more details.
Adults		Hemet Hospice	890 W. Stetson, #B	Hemet 92543	951-766-9629	Meetings every Monday at 2:00pm-3:30pm or 6:30pm-8:00pm. Call for more details.
Widow / Widowers		Simpson Senior Center	303 E. Devonshire	Hemet 92543	909-765-2390	Meetings every Wednesday at 1:30pm-3:30pm. Call for more details.
General	Grief Share	Bible Fellowship Church	26835 Columbia St.	Hemet 92544	951-652-8558	Call for dates and times.
General	Grief Share	Hope Chapel	2420 Pacific Coast Hwy	Hermosa Beach 90254	310-374-4673	Meetings every Tuesday at 7:00pm-9:00pm. Call for more details.
Adults		Immanuel Baptist Church	28355 Baseline Rd.	Highland 92346	909-425-1777	12-week program. Meetings every Wednesday at 5:45pm. Call for more details.
General	Grief Share	Christ Presbyterian Church	20112 Magnolia St.	Huntington Beach 92646	714-968-4940	Meetings every Sunday at 2:00pm-4:00pm. Call for more details.
Widow / Widowers		St. Jude & St. Simon Catholic Parish	20444 Magnolia St.	Huntington Beach 92646	714-962-3333	Ongoing bereavement support group designed for newly widowed. Meetings every 1st and 3rd Tuesday at 7:00pm-9:00pm. Free of charge.
Family		Hope for Healing Hearts	7372 Prince Dr., #107	Huntington Beach 92647	714-843-6525	Support group for parents, spouse and children. Call for dates and times.
General	Grief Share	First Christian Church	1207 Main St.	Huntington Beach 92648	714-536-2589	Call for dates and times.
General		St. Bonaventure Church	16400 Springdale Ave.	Huntington Beach 92649	714-846-3359	Ongoing bereavement support. Meetings every Tuesday at 7:30pm-9:00pm. Free of charge. Call for more details.

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General	Grief Share	St. Peters By the Sea Presbyterian Church	16911 Bolsa Chica St.	Huntington Beach 92649	714-846-6641	Meetings every Thursday at 3:00pm-4:30pm and 7:00pm-8:30pm. Call for more details.
Various Groups		Daniel Freeman Memorial Hospital	333 N. Prairie Ave.	Inglewood 90301	310-674-7050 ext. 3725	Several types of bereavement groups for adults & children. Free of charge. Call for more details.
Children		Kids Connected		Irvine	800-899-2866	Support group for children. Call for more details.
Various Groups		Mariner's Church	5001 Newport Coast Dr.	Irvine	949-854-7030 ext. 899	Call for dates and times.
Adult Women	Loss of Mother	Vitas Hospice	220 Commerce, #100	Irvine 92602	714-734-2753	2-part support group for women who have recently (within last 9 months) lost their mother. Call for dates and times.
General		Jewish Family Services of OC	1 Federatiom Way, #220	Irvine 92603	714-445-4950	Visit: www.jfsoc.org . Call for more details.
General	Grief Share	Woodbridge Community Church	5000 Barranca Pkwy	Irvine 92604	949-552-1101	Meetings every Thursday at 6:45pm-9:00pm. Call for more details.
Adults		Rancho Senior Center	3 Ethel Coplen Way	Irvine 92612	949-552-2800	Meetings every 1st Wednesday at 7:00pm-9:00pm. Call for more details.
General	AIDS	AIDS Service Foundation	17982 Sky Park Cir., #J	Irvine 92614	949-253-1529	Visit: www.ocasf.org . Call for more details.
General		Lake View Senior Center	20 Lake Rd.	Irvine 92614	949-253-5701	Ongoing bereavement support group. Meetings every 2nd and 4th Wednesday at 1:00pm-2:30pm. Call for more details.
Parents		Lake View Senior Center	20 Lake Rd.	Irvine 92614	949-552-2800 or 949-448-9494	Meetings every 1st Wednesday at 7:00pm-9:00pm. Chapter name: Orange Coast/Irvine Chapter, Chapter #1745. Call for more details.
Parents	Loss of a Child	Guild for Infant Survival of Orange County	P.O. Box 17432	Irvine 92713	949-474-SIDS or 800-221-SIDS	Peer support group for parents who have lost a baby due to SIDS. Free of charge. Visit: www.gisoc.org . Call for dates and times.
General		Green Hills Baptist Church	2200 W. Imperial Hwy	La Habra 90631	562-943-7291	Meetings every Tuesday 6:30pm-8:00pm. Call for more details.

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General	Grief Share	Christ Lutheran Church	7929 La Mesa Blvd.	La Mesa 91941	619-462-5211	Call for dates and times.
Adults		Compassionate Friends		La Mirada 90638	714-993-6708	Meetings every 1st Tuesday at 7:00pm-9:00pm. Call for more details.
General		Odyssey Hospice		La Mirada 90638	800-797-2686	Meetings every Tuesday. Call for more details.
General		Hospice of Interhealth	15050 Imperial Hwy	La Mirada 90638	562-902-7770	10-week program. Spanish speaking too. Call for dates and times.
General			8071 Jannen Cir.	La Palma 90623	714-527-8276	Meetings every 1st and 3rd Monday. Free of charge. Call for more details.
General		Laguna Presbyterian Church	415 Forest Ave.	Laguna Beach 92677	949-494-7555	Call for dates and times.
General		South Coast Medical Center	31872 Coast Hwy	Laguna Beach 92677	949-499-7133	Ongoing bereavement support group. Meetings every Wednesday at 7:00pm-8:30pm. Free of charge. Visit: www.southcoastmedcenter.org . Call for more details.
Children		Kids Connected	26071 Merit Cir., #103	Laguna Hills 92653	949-582-5443	5-week program designed for children ages 4-18 and their parents. Call for more details.
General		Hospice of Saddleback Valley	24022 Calle de la Plata, #500	Laguna Hills 92653	949-598-3000 or 949-598-3041	Ongoing bereavement support group. Meetings every Monday at 2:30pm-4:00pm. Co-sponsored with Saddleback Memorial Hospital. Call for more details.
General		Saddleback Memorial Center	24451 Health Center Dr.	Laguna Hills 92653	949-598-3041	Meetings every Tuesday at 2:30pm-4:00pm. Call for more details.
General		Temple Judea	24512 Moulton Pkwy	Laguna Hills 92653	714-445-4950	Meetings every Monday at 10:00am and every Thursday at 10:00am. Registration required. Call for more details.
Men		Hospice of Saddleback Valley	24022 Calle de la Plata, #500	Laguna Hills 92653	949-598-3000 or 949-598-3041	Ongoing bereavement support group for men. Meetings every Monday at 2:30pm-4:00pm. Co-sponsored with Saddleback Memorial Hospital. Call for more details.

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Young Widows		People Growers	25301 Cabot Rd., #116	Laguna Hills 92653	949-951-8369	Ongoing bereavement support group for young widows ages 20-35. Fee of \$20.00/session. Call for dates and times.
General	Grief Share	Church of the Woods	1410 Calgary Dr.	Lake Arrowhead	909-337-5483	Call for dates and times.
General	Grief Share	Saddleback Valley Community Church	1 Saddleback Pkwy	Lake Forest 92630	949-609-8000 or 949-609-8411	10-week program. Meetings every Monday 7:00pm-9:00pm. Call for more details.
Parents	Loss of a Child	Saddleback Valley Community Church	1 Saddleback Pkwy	Lake Forest 92630	949-609-8000 or 949-609-8411	Bereavement support group for parents who have lost a child to miscarriage, still birth or infant death. Meetings every Thursday at 7:00pm-9:00pm. Call for more details.
General		Santiago de Compostela Catholic Church	21682 Lake Forest Dr.	Lake Forest 92630	949-951-8599	Meetings every 2nd and 4th Tuesday. Call for more details.
General		Lakewood Regional Medical	3700 South St.	Lakewood 90712	562-531-3031	Meetings every Tuesday at 7:00pm-8:30pm. Call for more details.
General		Weingart Senior Center	5220 Olivia Ave.	Lakewood 90712	562-531-3031	10-week program. 3 adult groups & 1 family group. Call for dates and times.
General		Hospice ProCare	42442 10th St. West, #D	Lancaster 93534	661-951-1146	Bereavement support groups & individual counseling. Call for dates and times.
General	Grief Share	Grace Chapel	44648 15th St. W.	Lancaster 93534	661-948-0855	Call for dates and times.
General	Grief Share	Grace Lutheran Church	856 W. Newgrove St.	Lancaster 93534	661-808-0698	Meetings every Tuesday at 7:00pm-8:30pm. Call for more details.
General	Grief Share	Desert Vineyard	1011 East Ave., #1	Lancaster 93535	661-945-2777	Call for dates and times.
Adults		Loma Linda University Medical Center	11234 Anderson St.	Lomda Linda 92354	909-558-4367	Call for dates and times.
Children	Loss of a Parent	Loma Linda University Medical Center	11234 Anderson St.	Lomda Linda 92354	909-558-8212	Ongoing support group for children ages 6+ who have lost a parent. Meetings every 1st Wednesday at 6:30pm-7:30pm.
Children		Loma Linda University Medical Center	11234 Anderson St.	Lomda Linda 92354	909-558-8212	Meetings every 1st Thursday at 6:00pm-7:00pm. Call for more details.

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Children & Teens		Loma Linda University Medical Center	11234 Anderson St.	Lomda Linda 92354	909-558-7261 or 909-558-4367	Spanish speaking available. Fee of \$45.00. call for more details.
Parents		Loma Linda University Medical Center	11234 Anderson St.	Lomda Linda 92354	909-558-7261 or 909-558-4367	Meetings every Monday at 1:30pm and 7:00pm. Spanish speaking available. Fee of \$45.00. Call for more details.
Parents & Siblings		Loma Linda University Medical Center	11406 Loma Linda Dr.	Lomda Linda 92354	909-656-4064	Meetings every 3rd Monday at 7:00pm-8:30pm. Call for more details.
Children		Parkcrest Christian Church		Long Beach	562-421-9374	13-week program. Fee of \$20.00. Call for more details.
Children		Unitarian Universalist Church	5250 Atherton	Long Beach	562-597-8445	Call for dates and times.
General		Long Beach Memorial Medical Center	2801 Atlantic Ave.	Long Beach 90801	562-933-0300	Meetings every Thursday at 5:00pm-7:00pm. Free of charge. Call for more details.
Parents	Perinatal	Long Beach Memorial Medical Center	2801 Atlantic Ave.	Long Beach 90801	562-933-1454	Ongoing support group for parents who have experienced a perinatal loss. Meetings every 2nd and 4th Monday at 7:00pm-8:30pm.
Parents	Loss of a Child	Long Beach Memorial Medical Center	2801 Atlantic Ave.	Long Beach 90801	562-933-1454	Call for dates and times.
Children		Pathways Hospice	3300 South St., #209	Long Beach 90805	562-531-3031	7-week support group for children ages 4-18 who have experienced loss. Additional group held for parents. Call for dates and times.
General	Grief Share	Long Beach Christian Reformed	5559 Wardlow Rd.	Long Beach 90808	562-421-1721	Meetings every Monday at 6:30pm-8:30pm. Call for more details.
General		Trinity Hospice	1050 Linden Ave.	Long Beach 90813	562-491-9843	Meetings every Wednesday at 3:00pm-4:30pm. Call for more details.
General		St. Joseph's Church	6220 E. Willow St.	Long Beach 90815	562-594-4657 or 562-429-2546	6-week program. Call for dates and times.

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General	Holiday Workshop	Trinity Hospice		Los Alamitos 90720	562-799-3131	8-week holiday workshop held 3x a year. Call for dates and times.
General	Grief Share	Cottonwood Christian Center	3311 Sausalito St.	Los Alamitos 90720	562-493-4442	Meetings every Tuesday at 1:00pm-3:00pm. Call for more details.
Parents		Los Alamitos Community Center	10911 Oak St.	Los Alamitos 90720	562-431-7489	Call for dates and times.
Widow / Widowers		Los Alamitos Community Center	10911 Oak St.	Los Alamitos 90720	562-594-9977	8-week bereavement support group for the widowed. Meetings every Tuesday at 1:00pm-3:00pm. Reservations required. Call for more details.
Children & Teens		Kaiser Permanente		Los Angeles	323-564-7911	Group for children & teens between the ages of 6-19. No charge. Call for dates and times.
General	Loss due to AIDS	AIDS Project Los Angeles		Los Angeles	213-201-1500	Support groups and/or individual counseling for people who have lost a loved one due to AIDS. Call for dates and times.
Widow / Widowers		Wilshire Blvd Temple		Los Angeles	818-788-4673	Small fee required for each session. Call for more details.
General		West Angeles Church	3045 Crenshaw Blvd.	Los Angeles 90016	323-730-2279	Meetings every 2nd and 4th Thursday at 6:30pm. Call for more details.
General		Our House	1964 Westwood Blvd., #250	Los Angeles 90024	310-475-0299	Call for dates and times.
Adults		OPICA	11759 Missouri Ave.	Los Angeles 90025	310-478-0226	On-going support for adults who have lost a loved one. Call for dates and times.
Various Groups		Our House	1663 Sawtelle Blvd., #300	Los Angeles 90025	310-475-0299	Call for dates and times.
Adults		Gary Garcia Foundation	302 N. Laveta Terrace	Los Angeles 90026	213-482-8500	10-week bereavement support group for adults. Available in English & Spanish. Call for dates and times.
Children & Teens		Gary Garcia Foundation	302 N. Laveta Terrace	Los Angeles 90026	213-482-8500	10-week bereavement support group for children & teens. Available in English & Spanish. Call for dates and times.
General		First Presbyterian Church	1760 N. Gower St.	Los Angeles 90028	323-463-7161	Call for dates and times.

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Seniors		Jewish Family Services	8846 W. Pico Blvd.	Los Angeles 90034	310-271-3306	Meetings every Wednesday at 1:30pm-3:00pm. Call for more details.
General		Beth Chayim Chadashim	6000 W. Pico Blvd.	Los Angeles 90035	323-931-7023	Call for dates and times.
Parents	Jewish	Chai Lifeline	9233 W. Pico Blvd., #200	Los Angeles 90035	310-274-6331 or 877-374-6331	Free support to catastrophically ill Jewish children and their families. Call for more details.
Widow / Widowers		Jewish Family Services	8838 W. Pico Blvd., #101	Los Angeles 90035	310-271-3306	Bereavement support group for widow/widowers who have lost their loved one in the last 2 years. Medicare accepted. Call for dates and times.
Children & Teens		Center for Grief & Loss for Children	924 W. 70th St.	Los Angeles 90044	866-744-7433	Call for dates and times.
Parents		Center for Grief & Loss for Children	924 W. 70th St.	Los Angeles 90044	866-744-7433	Call for dates and times.
General		Jewish Family Services	6505 Wilshire Blvd., #500	Los Angeles 90048	323-761-8800	Available in English, Hebrew and Russian. Call for dates and times.
General	Jewish Orthodox	Jewish Family Services	6505 Wilshire Blvd., #500	Los Angeles 90048	323-761-8800	Services provided by professional who are Orthodox. All work is in strict accordance with Halachah. Call for more details.
General		Forest Lawn Memorial Parks & Mortuaries	6300 Forest Lawn Dr.	Los Angeles 90068	800-204-3131	Free bereavement seminars. Call for dates and times.
General	Grief Share	Journey of Faith Christian	1243 Artesia Blvd.	Manhattan Beach 90266	310-372-4641	Call for dates and times.
General	Grief Share	Revival Christian Fellowship	29220 Scott Rd.	Menifee 92584	951-672-3157	Call for dates and times.
Adults		Providence Holy Cross Medical Center	15031 Rinaldi St.	Mission Hills CA 91346	818-496-4355	10-week support group. Free of charge. Call for dates and times.
General		Kaiser Permanente	23781 Maquina Ave.	Mission Viejo 92690	562-622-4317	Meetings every 2nd and 4th Thursday at 3:00pm-4:30pm. Call for more details.
General		Mission Hospital Conference Center	26726 Crown Valley Pkwy	Mission Viejo 92691	949-582-5443	Meetings every 2nd Monday at 6:30pm-8:00pm. Call for more details.

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Adults		Mission Regional Hospital	27700 Medical Center Rd.	Mission Viejo 92691	949-364-1400 ext. 5399	10-week program for adults. Meetings every Tuesday at 7:00pm-8:30pm. Pre-registration required.
General	Grief Share	Mount of Olives Lutheran Church	24772 Chrisanta Dr.	Mission Viejo 92691	949-837-7467	Call for dates and times.
General		St. Killian Catholic Church	26873 Estanciero	Mission Viejo 92691	949-582-1022	Group has religion component, all denominations welcome. Call for dates and times.
General		Beverly Hospital	309 W. Beverly Blvd.	Montebello 90640	323-726-1222 ext. 4166	Free of charge. Meetings every 2nd Friday at 3:00pm-5:00pm. Call for more details.
General	Spanish speaking	Case Cardenas Senior & Family Counseling Center	111 W. Beverly Blvd., #209	Montebello 90640	323-721-7578	\$5.00 Fee. Meetings every 2nd and 4th Wednesday at 1:30pm-3:00pm. Call for more details.
General		Michelle's Place	41785 Elm St., #305	Murrieta 92562	949-582-5443	Meetings every 2nd Tuesday at 6:30pm-7:30pm. Call for more details.
General	Grief Share	The Rock Church of Temecula Valley	38700 Sky Canyon Dr.	Murrieta 92563	951-304-1076	Meetings every Monday at 7:00pm-9:00pm. Call for more details.
General		Santa Clarita Valley Senior Center	22900 Market St.	Newhall 91321	661-255-1588	Call for dates and times.
General		St. Bonaventure Church		Newport Beach 92658	714-846-3359	Call for dates and times.
General		St. Mark Presbyterian Church		Newport Beach 92658	949-644-1341 or 949-721-8079	Call for dates and times.
General	Cancer	Hoag Cancer Center	1 Hoag Dr.	Newport Beach 92658	949-582-5443	Families dealing with effects of the parent's cancer. Meetings every 1st and 3rd Monday at 7:00pm-8:00pm. Call for more details.
General	Cancer	Hoag Memorial Hospital	1 Hoag Dr.	Newport Beach 92658	949-764-5542	Bereavement support group for people who have lost a loved one from cancer diagnosis. Meetings every Thursday at 5:30pm-7:00pm. Call for more details.
General		Hoag Memorial Hospital	1 Hoag Dr.	Newport Beach 92658	949-764-8358	Meetings every Wednesday at 6:00pm-7:30pm. Call for more details.

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General		Hoag Memorial Hospital	1 Hoag Dr.	Newport Beach 92658	949-764-8358	Meetings every Saturday at 9:30am-11:30am. Call for more details.
General		Hoag Memorial Hospital	1 Hoag Dr.	Newport Beach 92658	949-764-8358	10-week support group. Meetings every Saturday at 9:30am-11:00am. Call for more details.
Widow / Widowers	Spanish speaking	Our Lady Queen of Angels Church	2046 Mar Vista Cir.	Newport Beach 92660	949-219-1408	Spanish speaking group for widow/widowers. Meetings every Thursday at 7:00pm. Call for more details.
Various Groups		St. Andrews Presbyterian Church	600 St. Andrews Rd.	Newport Beach 92663	949-574-2236	6-week support group. Call for more details.
General		Los Angeles County Group	16909 Parthenia St., #203	North Hills 91343	818-830-5003	Pre-registration required. Meetings every Thursday at 10:30am-11:45am.. Call for more details.
Widow / Widowers	Seniors	Jewish Family Services	12821 Victory Blvd.	North Hollywood 91606	818-984-1380	Bereavement support group for seniors who have lost a spouse. Pre-registration required. Call for dates and times.
Adults		Northridge Hospital Medical Center		Northridge	818-885-8500 ext. 4591	8-week program. Call for dates and times.
Adult		Northridge Hospital Medical Center		Northridge	818-885-8351	Meetings every 2nd and 4th Wednesday at 6:00pm-7:30pm. Call for more details.
Parents	Loss of a Child	Northridge Hospital Medical Center		Northridge	818-885-8500 ext. 4591	8-week program for parents who experienced loss of a pregnancy, infant or child. Call for dates and times.
General	Grief Share	Congregation Church of Northridge	9659 Balboa Blvd.	Northridge 91325	818-349-2400	Meetings every Wednesday at 7:00pm-8:30pm. Call for more details.
General	Grief Share	Covenant Presbyterian Church	1855 N. Orange Olive Rd.	Orange 92865	714-998-6650	Call for dates and times.
Widow / Widowers		Orange Senior Citizens Community Center	170 S. Olive	Orange 92866	714-538-9633	Meetings every 2nd and 4th Monday at 1:00pm. Call for more details.

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Children	Cancer	Cordelia Knott Center for Wellness	230 S. Main St., #100	Orange 92868	714-541-9355	Group for children who have a parent diagnosed with cancer. Call for dates and times.
General		Asera Hospice Care	750 The City Dr., #110	Orange 92868	714-980-0900	Call for dates and times.
General		Kaiser Permanente	200 N. Lewis, #2	Orange 92868	562-622-4317	Meetings every 1st and 3rd Wednesday at 5:30pm-7:00pm. Call for more details.
General		St. Joseph Hospice	1845 W. Orangewood Ave., #100	Orange 92868	714-712-9559	8-week bereavement program. Call for dates and times.
General		UCI Medical Center	101 The City Dr.	Orange 92868	714-456-6157	Meetings every Monday at 6:00pm-7:00pm. Pre-registration required. Fee of \$20.00. Limited to 8 participants. Call for more details.
Parents	Loss of a Child	CHOC Children's Hospital	455 S. Main St.	Orange 92868	714-998-0210	Support group for parents who have lost a child from pregnancy-5 years old. Meetings every 2nd and 4th Wednesday at 7:00pm-9:00pm.
Various Groups		Mariposa Women's Center	812 Town & Country Rd.	Orange 92868	714-547-6494	Call for dates and times.
Widow / Widowers		St. Joseph Hospital	1100 W. Stewart	Orange 92868	714-771-8243	Fee of \$60.00. Meetings every Tuesday at 5:30pm-6:30pm. Call for more details.
General	Grief Share	Palm Springs Baptist Church	1696 S. El Cielo Rd.	Palm Springs 92264	760-323-1013	Call for dates and times.
Parents		Neighborhood Church	415 Paseo Del Mar	Palos Verdes Estates	310-953-5230	Meetings every 1st Wednesday at 7:00pm. Call for more details.
Children & Teens		Center for Grief & Loss for Children	33 S. Catalina	Pasadena 91101	866-744-7433	Call for dates and times.
Parents		Center for Grief & Loss for Children	33 S. Catalina	Pasadena 91101	866-744-7433	Call for dates and times.
General		Pasadena Senior Center	85 E. Holly St.	Pasadena 91103	626-918-2273	Meetings every Thursday at 3:00pm-4:30pm. Call for more details.
Children		Hospice of Pasadena	100 W. California Blvd.	Pasadena 91105	626-397-3600	Individual and group counseling for children. Free of charge. Call for dates and times.
Various Groups		Huntington Memorial Hospital	100 W. California Blvd.	Pasadena 91105	626-397-3600	Free of charge. Call for more details.

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Children & Teens		Center for Grief & Loss for Children	37 N. Holliston Ave.	Pasadena 91106	866-744-7433	Call for dates and times.
Parents		Center for Grief & Loss for Children	37 N. Holliston Ave.	Pasadena 91106	866-744-7433	Call for dates and times.
General		St. Hilary Catholic Church	5465 S. Citronelle Ave.	Pico Rivera 90660	562-942-7300	Meetings every Monday at 7:00pm-8:00pm. Call for more details.
Mothers		Eastside Christian Church		Placentia 92870	714-871-6844	Meetings every 1st Wednesday at 6:00pm-8:00pm. Call for more details.
General		Hospice Care of California	377 E. Chapman Ave.	Placentia 92870	714-577-9656	9-week program. Pre-registration required. Meetings every Tuesday at 10:00am-11:30am. Call for more details.
Children & Teens		Pomona Valley Hospital	1798 N. Garey Ave.	Pomona 91767	909-865-9555 or 909-399-3289	Meetings every Monday at 7:30pm-9:30pm. Call for more details.
General	Grief Share	Pomona First Baptist Church	586 N. Main St.	Pomona 91768	909-629-5277	Meetings every Thursday at 9:30am-11:30am and at 6:30pm-8:30pm. Call for more details.
General		Pomona Valley Hospital	1798 Garey Ave.	Pomona 91769	909-865-9555 or 909-399-3289	Meetings every Tuesday at 7:00pm-8:30pm. Call for more details.
General	Grief Share	Shepherd of the Hills	19700 Rinaldi St.	Porter Ranch 91326	818-831-9333	Meetings every Monday at 7:00pm-8:30pm. Call for more details.
General		Pomerado Christian Church	12708 Stone Canyon	Poway 92064	858-487-7312	Meetings every Thursday at 7:00pm-9:00pm. Call for more details.
General	Grief Share	St. Gabriel's Catholic Church	13734 Twin Peaks Rd.	Poway 92064	858-748-5348	Call for dates and times.
General	Grief Share	Abundant Living Family Church	10900 E. Civic Center Dr.	Rancho Cucamonga 91730	909-987-7110	Meetings every Tuesday at 7:00pm-8:30pm. Call for more details.
General	Suicide	Rancho San Antonio Medical Center	7777 Miliken Ave.	Rancho Cucamonga 91730	909-393-2563	Meetings every Saturday at 10:00am-12:00pm. Call for more details.
General		Green Hills Memorial Park	27501 S. Western Ave.	Rancho Palos Verdes 90275	310-803-5441	Meetings every Wednesday at 5:00pm-6:30pm. Call for more details.
General	Grief Share	Horizon Christian Fellowship	6365 El Apajo Rd.	Rancho Santa Fe	858-756-5599	Meetings every Sunday at 10:00am-12:00pm. Call for more details.

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Children		Bell Tower Regional Community Center	22132 El Paseo	Rancho Santa Margarita	949-740-0775	Call for dates and times.
General		San Francisco Solano Church	22082 Antonio Pkwy	Rancho Santa Margarita	949-589-7767	8-week program. Pre-registration required. Call for dates and times.
General	Grief Share	The Holy Name of Jesus Catholic Church	115 W. Olive Ave.	Redlands 92374	909-793-2469	Call for dates and times.
General	Grief Share	Trinity Church	1551 Reservoir Rd.	Redlands 92374	909-335-7333	Meetings every Wednesday at 6:30pm-8:30pm. Call for more details.
Parents	Loss of a Child	First Congregation Church	2 W. Olive	Redlands 9237	909-793-3157	Meetings every 3rd Tuesday at 7:30pm. Call for more details.
Parents	Loss of a Child	Redlands Community Hospital	350 Terracina Blvd.	Redlands 92262	909-335-5645 ext. 6650	Meetings every 1st Tuesday at 7:00pm. Call for more details.
Children		The Gathering Place	514 N. Prospect Ave., #115	Redondo Beach 90277	310-374-6323	Bereavement group for children ages 3-13. Call for dates and times.
Various Groups		The Gathering Place	514 N. Prospect Ave., #115	Redondo Beach 90277	310-374-6323	Call for dates and times.
General	Grief Share	The Bridge Bible Fellowship	18644 Sherman Way	Reseda 91335	818-776-1500	Meetings every Wednesday at 6:45pm-8:30pm. Call for more details.
Parents	Parents	Immanuel Ministry Center	1201 N. China Lake Blvd.	Ridgecrest	760-371-1593	Meetings every 2nd Tuesday at 6:00pm. Chapter name: Indian Wells Valley, Chapter #1941. Call for more details.
General	Grief Share	Sandals Church	3510 Adams St.	Riverside 92504	951-637-8800	Call for dates and times.
Parents	Loss of a Child	Riverside Hospice	6141 Riverside Ave., #1	Riverside 92504	909-274-0710	Call for dates and times.
Parents	Loss of a Baby	Riverside YWCA	8172 Magnolia Ave.	Riverside 92504	909-688-1387	Bereavement Support Group for parents who have lost a baby from miscarriage, stillbirth, newborn death or SIDS. Meetings every 2nd Thursday at 7:00pm.
General		Riverside Hospice	6141 Riverside Ave., #1	Riverside 92506	909-274-0710	Meetings every Wednesday at 10:00am-11:30am and every Wednesday at 1:00pm. Call for more details.

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Adults	Grief Recovery Workshop	Victoria Community Church	5320 Victoria Ave.	Riverside 92506	909-359-1737	7-week program for adults. Call for dates and times.
General	Grief Share	First Baptist Church	5500 Alessandro Blvd.	Riverside 92507	951-684-4143	Meetings every Sunday at 10:45am-12:15pm
General	Grief Share	Magnolia Avenue Baptist Church	8351 Magnolia Ave.	Riverside 92507	951-689-5700	Call for dates and times.
Parents		First Baptist Church	5500 Alessandro Blvd.	Riverside 92507	951-689-3072	Meetings every 2nd Tuesday at 7:30pm. Spanish language support 951-689-3072. Chapter name: Inland Empire, Chapter #1114. Call for more details.
Parents	Loss of a Child	First Baptist Church	5500 Alessandro Blvd.	Riverside 92507	951-689-3072	Meetings every Tuesday at 7:30pm.
General	Grief Share	The Grove Community Church	19900 Grove Community Dr.	Riverside 92508	951-571-9090	Call for dates and times.
General	Grief Share	Rolling Hills Covenant Church	2221 Palos Verdes Dr. N.	Rolling Hills Estates 90274	310-519-9406	Meetings every Saturday at 9:00am-11:00am. Call for more details.
General		Christ Lutheran Church	35522 Camino Capistrano	San Clemente	949-496-2621	Visit: www.beachchurchclc.org . Call for dates and times.
General	Grief Share	Pacific Coast Church	2651 Calle Frontera	San Clemente	949-940-2600	Meetings every Monday at 6:30pm-8:30pm
General		San Clemente Presbyterian Church	119 N. Avenue de la Estrella	San Clemente	949-361-1228	Meetings every Monday at 7:00pm-8:30pm. Pre-registration required. Visit: www.scpres.org
Various Groups		San Diego Hospice	4311 Third Ave.	San Diego 92103	619-278-6480	The Center for Grief Care and Education. Call for more details.
General	Grief Share	College Avenue	4747 College Ave.	San Diego 92115	619-582-7222	Meetings every Thursday at 4:00pm-5:00pm
General	Grief Share	Canyon View Christian Fellowship	10791 Tierrasanta Blvd, #104	San Diego 92124	858-576-0007	Meetings every Saturday at 4:30pm. Call for more details.

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Various Groups		Kaiser Permanente		See Info	818-375-3528	Variety of support groups offered in Reseda, N. Hollywood, Panorama City, Woodland Hills, Lancaster & Valencia. All groups are free of charge. Call for more details.
Children & Teens		The Center for Grief & Loss for Children			866-744-7433	Visit: www.griefcenterforchildren.org . Call for dates and times.
Parents	Loss of a Child	Comforting Hearts			626-915-3266	Intimate bereavement support group for parents who have lost a child. Free of charge. Facilitated by volunteers. Call for more details.
Parents	Loss of a Child	Compassionate Friends			877-969-0010	Bereavement Support Group for parents who have lost a child. Visit: www.compassionatefriends.org . Call for more details.
General	Grief Share	Community Bible Church	9919 Carroll Center Rd.	San Diego 92126	858-549-7729	Meetings every Saturday at 2:30pm-4:30pm. Call for more details.
General	Grief Share	Faith Community Church	2285 Murray Ridge Rd.	San Diego 92123	858-565-4808	Meetings every Friday at 12:00pm-1:30pm. Call for more details.
General		Jewish Family Services	8804 S. Balboa Ave.	San Diego 92123	877-537-1818	Call for dates and times.
General	Grief Share	Maranatha Chapel	10752 Coastwood Rd.	San Diego 92127	858-613-7800	Meetings every Sunday at 10:30am-12:30pm. Call for more details.
General		Scripps Mende Wellbeing Center	4305 La Jolla Village Dr., #L5	San Diego 92122	949-582-5443	Call for dates and times.
General	Grief Share	St. Andrew's Lutheran	8350 Lake Murray Blvd.	San Diego 92119	619-464-4211	Meetings every Monday at 6:30pm-8:30pm. Call for more details.
General	Grief Share	The Church of Rancho Bernardo	11740 Bernardo Plaza Ct.	San Diego 92128	858-592-2434	Call for dates and times.
Parents		Scripps Well Being Clinic	4305 La Jolla Village Dr.	San Diego 92122	619-583-1555	Meetings every 1st Wednesday at 7:00pm. Spanish phone support available. Call for more details.
General		San Dimas Senior Center	201 E. Bonita	San Dimas 91773	909-394-6290	Meetings every Monday at 10:00am-11:00am. Call for more details.

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Widow / Widowers		Valley Beth Shalom		San Fernando Valley	818-788-4673	Fee required for each session. Call for dates and times.
General	Grief Share	Capistrano Community Church	29251 Camino Capistrano	San Juan Capistrano 92675	949-364-5856	Meetings every Tuesday at 6:00pm-7:30pm. Call for more details.
General	Grief Share	Emeritus Senior Living	31741 Rancho Viejo Rd.	San Juan Capistrano 92675	949-348-2857	Meetings every Tuesday at 6:00pm-7:30pm. Call for more details.
General	Grief Share	Ocean Hills Church	32222 Del Obispo	San Juan Capistrano 92675	949-496-7411	13-week program. Call for dates and times.
General		San Juan Capistrano Community Center	25925 Camino del Avion	San Juan Capistrano 92675	949-493-5911	6-week program. Call for dates and times.
General		St. Margaret's Episcopal Church	31641 La Novia Ave.	San Juan Capistrano 92675	714-661-0110	Meetings every 3rd Monday at 1:00pm-2:00pm. Call for more details.
General		San Marcos Clinic	400 Craven Rd.	San Marcos 92069	619-641-4100	Call for dates and times.
General		San Marino Community Church	1750 Virginia Rd.	San Marino 91108	626-282-4181	Meetings every Wednesday at 4:00pm. Call for more details.
Various Groups		VNA of Orange County Hospice	2500 Red Hill, #105	Santa Ana 92705	949-263-4870	8 to 10-week program. Fee of \$10.00/session. Meetings every Tuesday at 6:30pm-8:30pm. Call for more details.
General	Grief Share	Calvary Church	1010 N. Tustin Ave.	Santa Ana 92705	714-973-4800	Call for dates and times.
General	Grief Share	Community Bible Church	555 E. Memory Ln.	Santa Ana 92705	714-973-4644	Call for dates and times.
General		Hospice Touch	3611 S. Harbor Blvd., #105	Santa Ana 92704	714-327-1936	Meetings every 1st and 3rd Monday at 1:00pm-2:30pm. Call for more details.
General	Grief Share	Trinity United Presbyterian Church	13922 Prospect Ave.	Santa Ana 92705	714-544-7850	Meetings every Wednesday at 3:30pm-5:30pm. Call for more details.
Parents	Murdered Children	Orange County Chapter	P.O. Box 28864	Santa Ana	714-647-7508	Support for parents surviving the murder of a child. Free of charge. Call for dates and times.
General		Kids Connected	3041 Olcott St.	Santa Clara 95054	408-496-6336	Meetings every 1st and 3rd Tuesday at 6:30pm-8:00pm. Call for more details.

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General	Grief Share	Grace Baptist Church	22833 Copper Hill Dr.	Santa Clarita 91390	661-296-8737	Meetings every Wednesday at 7:00pm-8:30pm. Call for more details.
Widow / Widowers	Seniors	Center for Healthy Aging	2125 Arizona Ave.	Santa Monica 90404	310-576-2554 ext. 373	Call for dates and times.
General	Grief Share	New Heights Community Church	10701 N. Magnolia Ave.	Santee 92071	619-448-1622	Call for dates and times.
General	Grief Share	Pathways Community Church	9626 Carlton Hills Blvd.	Santee 92071	619-449-1269	Meetings every Wednesday at 6:30pm-8:00pm. Call for more details.
General	Grief Share	Sunrise Community Church	8805 N. Magnolia Ave.	Santee 92071	619-596-7667	Meetings every Tuesday at 6:30pm-8:00pm. Call for more details.
General		Sunrise Senior Living	3850 Lampson Ave.	Seal Beach 90740	562-531-3031	Meetings every Monday at 3:30pm-5:00pm. Call for more details.
General	Grief Share	Simi Valley Presbyterian Church	4832 Cochran	Simi Valley 93063	805-526-5475	Call for dates and times.
General		San Diego Family Counseling	341 S. Cedros, #D	Solana Beach	858-792-8585	Call for dates and times.
General		Hospice of the Valley		Sun City	951-672-1666	Call for dates and times.
General	Grief Share	Grace Evangelical Free Church	29720 Goetz Rd.	Sun City 92587	951-244-6444	Meetings every Monday at 10:00am-12:00pm. Call for more details.
General		Hospice of the Valley	28127 Bradley Rd.	Sun City 92586	909-672-1666	Meetings every Monday at 10:00am-11:30am. Call for more details.
General	Grief Share	Country Oaks Baptist Church	20915 Schout Rd.	Tehachapi 93561	661-822-1379	Meetings every Tuesday at 6:30pm-8:30pm. Call for more details.
General		Rancho Community Church	31300 Rancho Community Way	Tehachapi 93561	951-303-6789	Call for dates and times.
General		St. Luke's Parish	5605 Cloverly Ave.	Temple City 91780	626-291-5900	Call for dates and times.
General		Jewish Family Services		Thousand Oaks	805-379-2273	Call for dates and times.

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General	Grief Share	Ascension Evangelical Lutheran Church	1600 E. Hillcrest Dr.	Thousand Oaks 91362	805-495-0406	Meetings every Friday at 1:00pm-2:30pm. Call for more details.
General	Grief Share	Calvary Community Church	5495 Via Rocas	Thousand Oaks 91362	818-991-8040	Meetings every Monday at 6:30pm-8:30pm. Call for more details.
General		Thousand Oaks Groups	468 Pennsfield Place, #102	Thousand Oaks 91360	805-379-1616	Meetings every Wednesday at 4:00pm-5:30pm. Pre-registration required. Call for more details.
General	Grief Share	Thousand Oaks New Life	5740 Corsa Ave.	Thousand Oaks 91362	805-277-4874	Meetings every Tuesday at 6:00pm-7:30pm. Call for more details.
Various Groups		Hospice of the Conejo	80 E. Hillcrest Dr., #204	Thousand Oaks 91360	805-495-2145	Call for dates and times.
General	Grief Share	Bread of Life Church	2780 Lomita Blvd.	Torrance 90505	310-325-7777	Meetings every Saturday at 9:45am-12:00pm. Call for more details.
General		Vitas Hospice	990 W. 190th St., #120	Torrance 90502	310-225-5817	6-week support group. Call for more details.
Parents	Loss of a Child	Vitas Hospice	990 W. 190th St., #120	Torrance 90502	310-225-5817	Call for dates and times.
General	Grief Share	Aldersgate United Methodist Church	1201 Irvine Blvd.	Tustin 92780	714-544-3653	Meetings every Wednesday at 7:00pm-9:15pm. Call for more details.
General		Trinity Presbyterian Church	13922 N. Prospect Ave.	Tustin 92780	714-505-6254	Meetings every Wednesday at 3:30pm-5:30pm. Call for more details.
General		Tustin Area Senior Center	200 South St., #C	Tustin 92780	714-573-3340 or 714-771-8243	Meetings every 1st and 3rd Monday at 1:00pm-2:30pm. Free of charge. Call for more details.
Widow / Widowers		Tustin Area Senior Center	200 South St., #C	Tustin 92780	714-573-3340 or 714-771-8243	Meetings every Tuesday at 5:30pm-6:30pm. Free of charge. Call for more details.
Parents	Loss of a Child	YMCA Community Counseling	13821 Newport Ave.	Tustin 92780	714-960-1819	Meetings every Tuesday at 7:00pm-9:00pm. Call for more details.
General		San Antonio Community Hospital	999 San Bernardino Rd.	Upland 91786	909-399-3289	Call for dates and times.

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General		Henry Mayo Newhall Memorial Hospital	23871 McBean Pkwy, Room 1	Valencia 91355	818-971-3435	6-week support group. Call for more details.
General	Grief Share	Our Lady of the Assumption Catholic Church	3175 Telegraph Rd.	Ventura 93003	805-642-7966	Meetings every Thursday at 6:30pm-8:00pm. Call for more details.
General		Ventura Group	2140 Eastman Ave., #203	Ventura 93003	805-677-7405	Meetings every Thursday at 4:00pm-5:30pm. Pre-registration required. Call for more details.
General		High Desert Church	14545 Hook Blvd.	Victorville 92394	760-245-2415	Call for dates and times.
Parents		Victoria Apartments	14485 Seneca Rd.	Victorville 92394	760-261-4693	Meetings every 1st Wednesday at 7:30pm. Call for more details.
General		City of Walnut Senior Center	21215 La Puente Rd.	Walnut 91789	626-935-3818	Meetings every 1st Friday at 9:00am-11:00am. Call for more details.
Children		Citrus Valley Hospice	820 N. Phillips Ave.	West Covina 91791	626-974-0327	Call for dates and times.
Various Groups		Citrus Valley Hospice	820 N. Phillips Ave.	West Covina 91791	626-859-2263	Call for dates and times.
Adults		Odyssey Hospice	1900 W. Garvey South, #200	West Covina 91791	800-669-3990	Free of charge. Call for more details.
General		Queen of the Valley Hospital	1115 S. Sunset Ave.	West Covina 91791	626-814-2479	6-week program. Meetings every Tuesday at 7:00pm-9:30pm. Call for more details.
Parents	Loss of a Child	Queen of the Valley Hospital	1115 S. Sunset Ave.	West Covina 91791	626-814-2479	Meetings every 3rd Monday at 7:00pm-8:00pm. Call for more details.
Widow / Widowers		Queen of the Valley Hospital	1115 S. Sunset Ave.	West Covina 91791	626-814-2479	Meetings every 2nd Tuesday at 7:30pm. Call for more details.
Adult Child	40 years old or younger	Jewish Family Services	2050 S. Bundy Dr., #270	West Los Angeles 90025	310-820-4111	Support group for adult children 40 years old or younger who have lost a parent. Call for more details.
Widow / Widowers		Jewish Family Services	2050 S. Bundy Dr., #270	West Los Angeles 90025	310-820-4111	Call for dates and times.
General	Grief Share	Bethany Bible Fellowship	13431 Edwards St.	Westminster 92683	714-891-5859	Meetings every Thursday at 7:00pm-9:00pm. Call for more details.
Various Groups		Our House	1964 Westwood Blvd., #250	West Los Angeles 90025	310-475-0299	Call for dates and times.

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General		Whittier Presbyterian Intercommunity Hospital	12401 E. Washington Blvd.	Whittier 90602	562-698-0811 ext. 2500	Call for dates and times.
Parents		Kaiser Hospital	5601 DeSoto Ave., #B	Woodland Hills	818-788-9701	Meetings every 2nd Monday at 7:30pm-9:00pm. Call for more details.
Various Groups		Our House	21860 Burbank Blvd., #195	Woodland Hills	818-222-3344	Call for dates and times.
General	Grief Share	Grace Lutheran Church	6550 Fairmont Blvd.	Yorba Linda 92887	714-795-2384	Meetings every Wednesday at 7:00pm-9:00pm. Call for more details.
General		St. Martin de Porres Church	19791 Yorba Linda Blvd.	Yorba Linda 92886	714-970-2771 or 714-777-2266	Meetings every 1st and 3rd Saturday at 9:00am. Call for more details.
General		Yorba Linda Friends Church	5211 Lakeview Ave.	Yorba Linda 92886	714-777-2875	Call for dates and times.
General	Grief Share	Bryant Street Baptist Church	13456 Bryant St.	Yucaipa 92399	909-795-4116	Meetings every Saturday at 3:00pm-5:00pm. Call for more details.